

Your anytime, anywhere healthcare benefit



General Medical (24/7 Care)

Need care for non-urgent and common conditions? Get same-day appointments with a certified clinician from wherever you are. Our clinicians diagnose, treat and even prescribe medicine if needed.

- Allergies
- Bronchitis
- Flu
- COVID-19
- Pink eye
- Rashes
- Sinus infections
- Sore throats
- And more

free/visit

Dermatology

Dealing with a skin issue? Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription if needed in 24 hours or less.

- Acne
- Eczema
- Psoriasis
- Skin infections
- Rashes
- Rosacea

\$85/online review



Mental Health

Have real conversations and see progress with a therapist or psychiatrist of your choice. Available 7 days a week from the privacy of your own home.

- Anxiety and depression
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management

Therapist \$95/visit
Psychiatrist \$235/first visit
Psychiatrist \$105/ongoing visits

Activate your benefit and schedule your visit today

Visit [Teladoc.com](https://www.teladoc.com) | Call 1-800-TELADOC (800-835-2362) | Download the app  

Administered by





Access to medical care, anytime, anywhere



Convenient, quality healthcare at your fingertips

General Medical offers convenient access to low-cost, high-quality virtual care for a broad range of everyday healthcare issues, from cold and flu to a rash or sunburn.

With access to board-certified physicians anytime, anywhere, you can avoid unnecessary trips to the doctor's office and costly visits to the emergency room. With virtual visits available in a number of languages through an interpreter, including American Sign Language (ASL), physicians can provide a diagnosis and treatment, and prescriptions when necessary, via phone or video. And with the Caregiving feature, you can request three-way visits to help manage loved ones' care.

General Medical key outcomes

\$465

AVERAGE CLAIMS
SAVINGS PER VISIT¹

¹When client has \$55 visit fee

90%

MEMBER SATISFACTION²

85%+

RESOLUTION RATE
ON FIRST VISITS³

Features

Support for a wide range of everyday conditions:

Flu	Bronchitis	Rash/poison ivy
Cough	Nasal congestion	Bug bites
Sinus problems	Sore throat	Food poisoning
Upper respiratory infection	Seasonal allergies	Sunburn
Pink eye	Cold	and more
Bronchitis	Arthritis	

LEARN MORE: TeladocHealth.com | engage@teladochealth.com

About Teladoc Health: Teladoc Health is empowering all people everywhere to live healthier lives by transforming the healthcare experience. Recognized as the world leader in whole-person virtual care, Teladoc Health leverages clinical expertise, advanced technology and actionable data insights to meet the evolving needs of consumers and healthcare professionals.





Start feeling like yourself again

Discover how Teladoc Health
Mental Health can help



Talk to a licensed mental health expert or your choice, by phone or video, 7 days a week, from the privacy of your home.

Get help for:

- Anxiety and depression
- Negative thought patterns
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management (psychiatry only)

Start making progress:

1. Register and fill out a brief medical history
2. Choose the mental health expert who's right for you
3. Schedule a visit for a day and time that fits your schedule

Get started today

Visit TeladocHealth.com

Call 1-800-835-2362 | Download the app  

Mental Health is limited to eligible members ages 18+. Teladoc Health does not provide psychiatric services or mental health medication management to adolescents. For the most current pricing of your Teladoc Health services, please log in to your Teladoc Health account.

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Dermatology



Access licensed dermatologists without leaving the house.

The Teladoc Health Dermatology service gives members convenient and reliable skin care for a wide range of conditions—without the wait.

Dermatology makes skin care easy. Simply log in to your Teladoc account, request a Dermatology consult, complete the intake form and upload digital images of your skin issue. Within two business days, you will receive a response from a board-certified dermatologist through the online message center. You can then ask follow-up questions and, when medically necessary, have prescriptions sent right to their local pharmacy.



2 days to diagnosis
versus 32.3 days for major
metropolitan areas¹



Approved medications can
be prescribed right over the
app or web

How Dermatology works



Initiate

The member provides basic information about skin issue through web or mobile app.



Upload images

Upload a minimum of 3 pictures of the skin issue for the dermatologist to review.



View online results

Within 2 business days, the licensed dermatologist will respond through the online message center with a diagnosis, treatment or prescription if necessary.



Follow up

Follow up with the doctor through the message center within 7 days of the initial visit.

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