Your anytime, anywhere healthcare benefit





General Medical (24/7 Care)

Need care for non-urgent and common conditions? Get sameday appointments with a certified clinician from wherever you are. Our clinicians diagnose, treat and even prescribe medicine if needed.

- Allergies
 - Rashes

Sinus infections

Sore throats

• And more

- Bronchitis • Flu
- COVID-19
- Pink eye
- free/visit

Dermatology

Dealing with a skin issue? Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription if needed in 24 hours or less.

- Acne
- Eczema
- Psoriasis
- · Skin infections
 - Rashes
 - Rosacea

\$85/online review

Mental Health

Have real conversations and see progress with a therapist or psychiatrist of your choice. Available 7 days a week from the privacy of your own home.

- Anxiety and depression
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management

Therapist \$95/visit Psychiatrist \$235first visit Psychiatrist \$105/ongoing visits

Activate your benefit and schedule your visit today

Visit Teladoc.com | Call 1-800-TELADOC (800-835-2362) | Download the app **€** | ♠





Administered by



Access to medical care, anytime, anywhere



General Medical key outcomes

\$465

AVERAGE CLAIMS SAVINGS PER VISIT¹ *When client has \$55 visit fee

90% MEMBER SATISFACTION²

85%+
RESOLUTION RATE ON FIRST VISITS³

Convenient, quality healthcare at your fingertips

General Medical offers convenient access to low-cost, high-quality virtual care for a broad range of everyday healthcare issues, from cold and flu to a rash or sunburn.

With access to board-certified physicians anytime, anywhere, you can avoid unnecessary trips to the doctor's office and costly visits to the emergency room. With virtual visits available in a number of languages through an interpreter, including American Sign Language (ASL), physicians can provide a diagnosis and treatment, and prescriptions when necessary, via phone or video. And with the Caregiving feature, you can request three-way visits to help manage loved ones' care.

Features

Support for a wide range of everyday conditions:

Flu Bronchitis Rash/poison ivy
Cough Nasal congestion Bug bites

Sinus problems Sore throat Food poisoning

 Upper respiratory infection
 Seasonal allergies
 Sunburn

 Pink eye
 Cold
 and more

Bronchitis Arthritis



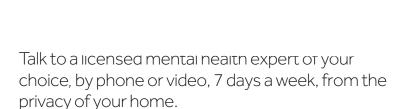


Start feeling like yourself again

Discover how Teladoc Health Mental Health can help







Get help for:

- Anxiety and depression
- Negative thought patterns
- Sleep issues

- Relationship conflicts
- Trauma and PTSD
- Medication management (psychiatry only)

Start making progress:

- 1. Register and fill out a brief medical history
- 2. Choose the mental health expert who's right for you
- 3. Schedule a visit for a day and time that fits your schedule

Get started today

Visit TeladocHealth.com



Dermatology



Access licensed dermatologists without leaving the house.

The Teladoc Health Dermatology service gives members convenient and reliable skin care for a wide range of conditions—without the wait.

Dermatology makes skin care easy. Simply log in to your Teladoc account, request a Dermatology consult, complete the intake form and upload digital images of your skin issue. Within two business days, you will receive a response from a board-certified dermatologist through the online message center. You can then can ask follow-up questions and, when medically necessary, have prescriptions sent right to their local pharmacy.



2 days to diagnosis versus 32.3 days for major metropolitan areas¹



Approved medications can be prescribed right over the app or web

How Dermatology works





The member provides basic information about skin issue through web or mobile app.



Upload images

Upload a minimum of 3 pictures of the skin issue for the dermatologist to review.



View online results

Within 2 business days, the licensed dermatologist will respond through the online message center with a diagnosis, treatment or prescription if necessary.



Follow up

Follow up with the doctor through the message center within 7 days of the initial visit.